



Post-traumatic Integration

*Low-level Psychosocial Support
and Intervention for Refugees*

Harvard trauma questionarre

Posttraumatic stress disorder is one of the long term consequence of psychological traumatisation. Symptoms of PTSD could be a significant burden on everyday functioning within society, on the working place and within the family.

Module	Submodules	Group size	Duration
• Awareness	• Symptoms	• Individual	• 20 - 30 min

Keywords

psychotrauma, PTSD, symptoms

Aims

To asses symptoms and signs of posttraumatic reaction.

Participants

Number is not limited. It is usually taken individualy.

Description

It is a part of Harvard trauma questionarre called Trauma Symptoms (IV part of questionarre). Harvard trauma questionarre is develop to be use in number of world languages .It consist of 40 possible symptoms of posttraumatic reaction that need to be assesed in the 4 ranges : from not at all (score 1), a little (score 2), quite a bit (score 3) and extremely (score 4). One need to assign item scores of each question .Sum should be divided by the total number of the answers.

The total score 2,5 and bigger are considered symptomatic for PTSD.

Material

Online or paper test.

Method

It could be taken as assesmet or as selfassesment tool.

Advice for Facilitators

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Source (APA)

Alden,K;Frančíšković,T;Lavelle,J;Mathias,M;McInnes,K;Mollica,RF;Moro,Lj. Harvard trauma manual ,

Handouts

Download the handout from [here](#).

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<https://posttraumatic-integration.eu/>