



Post-traumatic Integration
Low-level Psychosocial Support
and Intervention for Refugees

Questionnaire on Secondary Traumatization

Questionnaire secondary traumatization by Dr. Judith Daniels.

Module	Submodules	Group size	Duration
• Self care	• Boundaries	• Individual • Small group	• 2 hours

Keywords

self care, self assessment, boundaries, secondary traumatization, burn out

Aims

Supporters of traumatized refugees should be aware of possible secondary traumatization when working with traumatized refugees.

Participants

Volunteers supporting refugees as well as professionals in the psychosocial centers for refugees

Description

Questionnaire focusing on capacity overload and signs of secondary traumatization.

Material

paper, pen/ online

Method

Questionnaire will be filled out by individuals, then can follow group discussion how to prevent capacity overload or to improve the well being of supporters. At the end of discussion common group poster can be designed.

Advice for Facilitators

Should be a psychologist familiar specialized on secondary traumatization

Source (APA)

Daniel, Judith. Questionnaire.

Retrieved from: http://www.sekundaertraumatisierung.de/studie_sekundaertraumatisierung.html

Handouts

Questionnaire Dr. Judith Daniels.

Contributor

Bianca Schmolze, MFH Bochum



CC - Attribution-NonCommercial-NoDerivatives
<http://creativecommons.org/licenses/by-nc-nd/3.0/>

Administrator. *Questionnaire on Secondary Traumatization*. Retrieved Wednesday July 3, 2024, from :
<https://onlinematerial.posttraumatic-integration.eu/courses/PTIP128/>

Co-funded by the
Erasmus+ Programme
of the European Union



The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein

<https://posttraumatic-integration.eu/>