



## *Post-traumatic Integration*

*Low-level Psychosocial Support  
and Intervention for Refugees*

### Questionnaire on Secondary Traumatization

Questionnaire secondary traumatization by Dr. Judith Daniels.

<b>Module</b>	<b>Submodules</b>	<b>Group size</b>	<b>Duration</b>
• Self care	• Boundaries	• Individual • Small group	• 2 hours

#### Keywords

self care, self assessment, boundaries, secondary traumatization, burn out

#### Aims

Supporters of traumatized refugees should be aware of possible secondary traumatization when working with traumatized refugees.

#### Participants

Volunteers supporting refugees as well as professionals in the psychosocial centers for refugees

#### Description

Questionnaire focusing on capacity overload and signs of secondary traumatization.

#### Material

paper, pen/ online

#### Method

Questionnaire will be filled out by individuals, then can follow group discussion how to prevent capacity overload or to improve the well being of supporters. At the end of discussion common group poster can be designed.

#### Advice for Facilitators

Should be a psychologist familiar specialized on secondary traumatization

#### Source (APA)

Daniel, Judith. Questionnaire.

Retrieved from: [http://www.sekundaertraumatisierung.de/studie\\_sekundaertraumatisierung.html](http://www.sekundaertraumatisierung.de/studie_sekundaertraumatisierung.html)

#### Handouts

Questionnaire Dr. Judith Daniels.

## Contributor

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<https://onlinematerial.posttraumatic-integration.eu/courses/PTIP128/>

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