

# Questionnairre on Secondary Traumatization

Questionnaire secondary traumatization by Dr. Judith Daniels.

ModuleSubmodulesGroup sizeDuration• Self care• Boundaries• Individual<br/>• Small group• 2 hours

## **Keywords**

self care, self assessment, boundaries, seconardy traumatization, burn out

#### Aims

Supporters of traumtized refugees should be aware of possible secondary trauamtization when working with traumatized refugees.

### **Participants**

Volunteers supporting refugees as well as professionals in the psychosocial centers for refugees

#### **Description**

Questionnaire focusing on capacity overload and signs of secondary traumatization.

#### **Material**

paper, pen/ online

#### Method

Questionnaire will be filled out by individuals, then can follow group discussion how to prevent capacity overload or to improve the well being of supporters. At the end of discussion common group poster can ne designed.

#### **Advice for Facilitators**

Should be a psychologist familiar specialized on secondary traumatization

#### Source (APA)

Daniel, Judith. Questionnaire.

Retrived from: http://www.sekundaertraumatisierung.de/studie\_sekundaertraumatisierung.html

#### Handouts

Questionnaire Dr. Judith Daniels.

## Contributor

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https://onlinematerial.posttraumatic-integration.eu/courses/PTIP128/

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