



<https://posttraumatic-integration.eu/>

Handout: Reflective diary

To be completed weekly.

Date: _____ Name: _____	
What has gone well?	What has not gone well?
What do you see as your learning needs?	What does the supervisor (trainer,...) see as your learning needs?
have you learned from these experiences. What will be done differently?	What does the supervisor (trainer,...) feel you could have learned? What could be done differently or improved?